

MENÚ

Guánica 1929
Parador de Puerto Rico



Desayuno / Breakfast

DESAYUNO CONTINENTAL CONTINENTAL BREAKFAST

\$4.50

Panecillos dulces (chocolate, blueberry, guineo) o panecillos o tostadas (regular o integral), frutas
Danish (chocolate, blueberry, banana) or muffins or toasts (regular or integral), fruits

DESAYUNO AMERICANO AMERICAN BREAKFAST

\$10.00

Dos huevos confeccionados a su gusto (hervidos, over easy, revoltillo)*, jamón o tocineta, frutas, papa casera, tostadas (regular o integral)
Two eggs any style (boiled, over easy, scrambled)*, ham or bacon, fruits, homemade potatoes and toasts (regular or integral)

*Añada cebolla, pimienta, queso y tomate por \$0.75 c/u

*Add onions, peppers, cheese and tomato for \$0.75 each one

TORTILLA OMELETTE

\$10.00

Dos huevos en tortilla con jamón (regular o pavo) o tocineta*, papa casera, tostadas (regular o integral), frutas
Two eggs omelets stuffed with ham (regular or turkey) or bacon, homemade potatoes, toasts (regular or integral), fruits

*Añada cebolla, pimienta, queso y tomate por \$0.75 c/u

*Add onions, peppers, cheese and tomato for \$0.75 each one

PANQUEQUES O TOSTADAS FRANCESAS PANCAKES OR FRENCH TOAST

\$8.00

Panqueques o tostadas francesas, jamón (regular o pavo) o tocineta, frutas
Pancakes or french toast, ham (regular or turkey) or bacon, fruits

CEREAL CALIENTE/HOT CEREAL CEREAL FRÍO/COLD CEREAL

\$7.00

\$6.00

Tostadas (regular o integral), frutas
Toasts (regular or integral), fruits

Consumir carnes, aves, pescados, mariscos o huevos crudos o poco cocidos puede aumentar su riesgo de contraer enfermedades transmitidas por alimentos. Consuming raw or undercooked meats, poultry, seafood, shell, fish or eggs may increase your risk of food-borne illness.

Extras

BOWL DE FRUTAS / FRUITS BOWL

\$5.50

TOCINETA (3) / BACON (3)

\$3.00

PANQUEQUES O TOSTADAS FRANCESAS SOLO (4) / PANCAKES OR FRENCH TOAST ONLY (4)

\$5.00

TOSTADAS / TOASTS (REGULAR O INTEGRAL)

\$2.00

JAMÓN (REGULAR O PAVO) / HAM (REGULAR OR TURKEY)

\$2.50

PAPA CASERA / HOMEMADE POTATOES

\$3.00

CEREAL CALIENTE/HOT CEREAL 12OZ \$5.00 6OZ \$3.00

CEREAL FRÍO /COLD CEREAL

\$4.00

EMPAREDADO QUESO CHEESE SANDWICH

\$3.50

EMPAREDADO JAMÓN Y QUESO HAM & CHEESE SANDWICH

\$4.50

EMPAREDADO JAMÓN, QUESO Y HUEVO HAM, CHEESE & EGG SANDWICH

\$6.00

TORTILLA DE JAMÓN (REGULAR O PAVO) O TOCINETA / HAM (REGULAR OR TURKEY) OR BACON OMELETTE

\$4.50

*Añada cebolla, pimienta, queso y tomate por \$0.75 c/u

*Add onions, peppers, cheese and tomato for \$0.75 each one

DOS HUEVOS CONFECCIONADOS A SU GUSTO (HERVIDOS, OVER EASY, REVOLTILLO) / TWO EGGS ANY STYLE (BOILED, OVER EASY, SCRAMBLED)

\$3.50

PANECILLO O PANECILLO DULCE (CHOCOLATE, BLUEBERRY, GUINEO) / MUFFIN OR DANISH (CHOCOLATE, BLUEBERRY, BANANA)

\$2.50





FILETE DE DORADO AL GRILL / GRILL MAHI MAHI	\$18.00
CAMARONES EMPANADOS / BREADED SHRIMPS	\$20.00
COSTILLAS AHUMADAS / SMOKE BBQ RIBS	\$14.00
CHULETA FRITA / FRIED PORK CHOP	\$14.00
PAPA ASADA / BAKED POTATO**	\$5.00
En mantequilla y queso / In butter and cheese Añada carne molida, jamón (regular o pavo), pollo y tocineta por \$1.00 adicional c/u Add ground beef, ham (regular or turkey), chicken or bacon for \$1.00 extra each	
HAMBURGUESA DE CARNE O POLLO CON PAPAS FRITAS / HAMBURGER OR CHICKEN BURGER WITH FRENCH FRIES	\$13.00
ENSALADA DE POLLO / CHICKEN SALAD	\$12.00
FILETITOS DE POLLO / CHICKEN FINGERS	\$12.00
ASOPAO DE POLLO / CHICKEN HEAVY SOUP	\$11.00
PECHUGA DE POLLO / CHICKEN BREAST*	\$12.00
POLLO FRITO EMPANADO / BREADED FRIED CHICKEN	\$12.00
LINGUINI ALFREDO / LINGUINI ALFREDO	
Pollo/Chicken	\$12.00
Camarones/Shrimps	\$20.00
Vegetales / Vegetables	\$11.00

Acompañantes (escoger UNO de los siguientes):
arroz & habichuelas, arroz de la casa, papas fritas, tostones de plátano,
tostones de pana, tostones de yuca, papas salteadas, papas majadas, o batata frita.

Sides (choose ONE of the following):
rice & beans, house rice, french fries, fried plantains, fried breadfruits, fried cassava,
sauteed potatoes, mashed potatoes, or fried sweet potatoes.

*A la parrilla o en su selección de salsa: Al Ajillo, Mantequilla, Criolla, Setas /
On the grill or your choice of sauce: Garlic, Butter, Creole, Mushrooms.

**Papa Asada no incluye acompañantes / Baked Potato is served without sides.
Acompañante Adicional: \$4.00 c/u / Extra Sides \$4.00 each.

Consumir carnes, aves, pescados, mariscos o huevos crudos o poco cocidos puede aumentar su riesgo de contraer enfermedades transmitidas por alimentos. Consuming raw or undercooked meats, poultry, seafood, shell, fish or eggs may increase your risk of food-borne illness.

FILETE DE CHILLO / RED SNAPPER* **\$18.00**

MOFONGO RELLENO/STUFFED MOFONGO*

-POLLO / CHICKEN **\$16.00**

-CHURRASCO / BEEF SKIRT **\$23.00**

-CAMARONES / SHRIMP **\$20.00**

-CARNE FRITA/ FRIED PORK **\$14.00**

-MAR Y TIERRA / LAND & SEA **\$30.00**

(Mofongo Relleno no incluye acompañantes / Stuffed Mofongo is served without sides).

ASOPAO DE CAMARONES /SHRIMP HEAVY SOUP **\$18.00**

**CARNE FRITA ENCEBOLLADA /
FRIED PORK TIPS WITH SAUTEED ONIONS** **\$14.00**

PECHUGA RELLENA AMARILLOS/STUFFED CHICKEN BREAST* **\$22.00**

CHURRASCO A LA CHIMICHURRI / BEEF SKIRT IN CHIMICHURRI **\$23.00**

CHULETA AL GRILL / GRILL PORK CHOP **\$14.00**

FILETITOS DE POLLO/ CHICKEN FINGERS **\$12.00**

PECHUGA DE POLLO/ CHICKEN BREAST** **\$14.00**

CAMARONES SALTEADOS / SAUTEE SHRIMP* **\$20.00**

GRILL SIRLOIN STEAK **\$30.00**

Acompañantes (escoger UNO de los siguientes):

arroz & habichuelas, arroz de la casa, papas fritas, tostones de plátano, tostones de pana, tostones de yuca, papas salteadas, papas majadas, o batata frita.

Sides (choose ONE of the following):

rice & beans, house rice, french fries, fried plantains, fried breadfruits, fried cassava, sauteed potatoes, mashed potatoes, or fried sweet potatoes.

Acompañante Adicional: \$4.00 c/u / Extra Sides \$4.00 each

*En su selección de salsa: Al Ajillo, Mantequilla, Criolla, Setas /
Your choice of sauce: Garlic, Butter, Creole, Mushrooms.

**A la parrilla o en su selección de salsa: Al Ajillo, Mantequilla, Criolla, Setas /
On the grill or your choice of sauce: Garlic, Butter, Creole, Mushrooms.

Consumir carnes, aves, pescados, mariscos o huevos crudos o poco cocidos puede aumentar su riesgo de contraer enfermedades transmitidas por alimentos. Consuming raw or undercooked meats, poultry, seafood, shell, fish or eggs may increase your risk of food-borne illness.

Emparedados / Sandwiches

ATÚN / TUNA

\$7.00

PAVO/ TURKEY

\$7.00

PECHUGA DE POLLO/ CHICKEN BREAST

\$7.00

Todos los emparedados son servidos con queso americano o suizo, ensalada y su elección entre: papas fritas, batatas fritas o chips.

All our sandwiches are served with american or swiss cheese, salad and your choice of french fries, fried sweet potatoes or chips.

Consumir carnes, aves, pescados, mariscos o huevos crudos o poco cocidos puede aumentar su riesgo de contraer enfermedades transmitidas por alimentos. Consuming raw or undercooked meats, poultry, seafood, shell, fish or eggs may increase your risk of food-borne illness.



Postres / Desserts

FLAN DE VAINILLA / VANILLA CUSTARD

\$6.00

FLAN DE QUESO / CHEESSE CUSTARD

\$6.00

FLAN DE COCO / COCONUT CUSTARD

\$6.00

BIZCOCHO CHOCOLATE / CHOCOLATE CAKE

\$5.00

MANTECADO / ICE CREAM

KID \$2.00

KID - REGULAR

REGULAR \$3.50



Bebidas/ Beverages

AGUA EMBOTELLADA / BOTTLED WATER	\$2.00
SODA (COKE, SPRITE, DIET COKE, SPRITE ZERO)	\$3.00
FRAPPÉ / SMOOTHIE (PIÑA COLADA, FRESA, MANGO, PARCHA / PIÑA COLADA, STRAWBERRY, MANGO, PASSION FRUIT)	\$6.00
JUGO/ JUICE (NARANJA, ARÁNDANO, FRUTAS, PIÑA, TORONJA/ ORANGE, CRANBERRY, FRUIT PUNCH, PINEAPPLE, GRAPEFRUIT)	\$3.00
TÉ / TEA	\$2.00
CAFÉ /COFFEE	\$2.50
CHOCOLATE	\$2.00
ICED TEA	\$2.00

